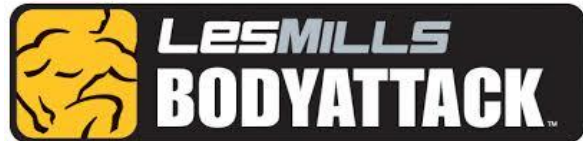


Monday 5:30 PM
Weekly Alternating Schedule For:



1/8 - BODYATTACK
1/15 - BODYCOMBAT
1/22 - BODYATTACK
1/29 - BODYCOMBAT
2/5 - BODYATTACK
2/12 - BODYCOMBAT
2/19 - BODYATTACK
2/26 - BODYCOMBAT
3/5 - BODYATTACK
3/12 - BODYCOMBAT
3/19 - BODYATTACK
3/26 - BODYCOMBAT
4/2 - BODYATTACK