

Monday 5:30 PM
Weekly Alternating Schedule



4/9- BODYCOMBAT
4/16- BODYATTACK
4/23- BODYCOMBAT
4/30- BODYATTACK
5/7- BODYCOMBAT
5/14- BODYATTACK
5/21- BODYCOMBAT
5/28- MEMORIAL DAY SCHEDULE
6/4- BODYCOMBAT