

Pickleball Rules and Procedures

Pickleball is a recreational sport that is played for fun and exercise. Competition is always part of any game but shouldn't overshadow the recreational part of the game being played at Body Zone.

1. Games will be played to 11 points, but you must win by at least two points.
2. When there is a large group of players waiting to play, games should be shortened to nine points instead of 11 so the wait to play isn't so long.
3. If you want to join a game place your paddle in line at the designated area and wait for your turn to play. The next two paddles will play on the next available court.
4. We will play doubles whenever there is a sufficient number of people present (individuals are welcome, read on). Winners stay on the court, losers leave, but the two winners must separate and play with two new players for the next game.
5. If there are more than seven people waiting to get onto the court you are playing on, you should leave the court after you have won two consecutive games.
6. When seasoned, stronger players are waiting to get into a game, we would appreciate it if they would volunteer to play with the newer players and help mentor and coach them. This will help them learn the game quicker. (Stronger players will not forfeit their place in line for the stronger players' court while working with the newer players.)
7. When the designated Pickleball play time is nearing its end, all players must be prepared to leave the area so the next event can be set up and begin on time.
8. Participants MAY NOT practice in any area (courts, fields or hallways) prior to game play. Your fee does not include the right to play or practice prior to the start time. This is a matter of respect and safety for others in our building.
9. **Per Body Zone's "Facility Guidelines, Policies and Code of Conduct," disrespectful behavior and/or failure to follow these rules and procedures may result in the loss of playing privileges. Please see bodyzonesports.com/policies for more information.**
10. If a group feels as though they want to play in a more competitive environment, they are more than welcome to rent the court privately for themselves. If you are interested in scheduling a private court rental please contact: **Body Zone at 610-376-2100 and request to make a reservation.**

bodyzonesports.com/pickleball

