

Dear Parents and Swimmers,

Welcome to Body Zone's Swim School! Thank you for choosing Body Zone and our instructors to develop your child's swimming skills. Our goal is for your child to have a fun learning experience and to be water safe. Please take a moment to read the below guidelines to help you on your first day and beyond.

1. Upon arrival, please check in at Guest Services located in our main lobby. Our Guest Services staff will direct you to the pool area. Please check in before every lesson.
2. Upon entering the pool for your first class, look for either a lifeguard and/or the deck supervisor. They will check you in, give you the name of your instructor and direct you towards the staging area for your lesson. They will help direct you towards the locker rooms and family changing area if needed.
3. Children four and older of the opposite sex must use our Family Changing Area at the far end of our pool area and the restrooms in our main lobby.
4. Your child should bring a towel and goggles. Please mark all belongings with a name in case they are left behind.
5. Students are not permitted in the pool prior to their lesson, and when the lesson is over all students must exit the pool. This is to assure the best learning experience for all classes. Please try to arrive on time, however if you arrive late please notify the lifeguard or deck supervisor so they may direct you to the correct class. If you arrive more than 15 minutes early please wait in the Aquatics Lobby as deck space is limited.
6. If you need to speak to an instructor you may do so between classes or leave a message for them at Guest Services or with Kyle Lincoln, Body Zone director of aquatics.
7. We have seating on the pool deck for you to watch and enjoy the lesson. For your child to have the best learning experience we ask that you do not interact with the instructor while the class is in session. Our instructors have the experience and training to handle most situations.
8. If you have questions, concerns, or suggestions please see a lifeguard, deck supervisor or Director of Aquatics.

We hope your child has a wonderful experience and thank you for choosing Body Zone's Swim School!

For more information or assistance:

Kyle Lincoln
Director of Aquatics
klincoln@bodyzonesports.com
610-376-2100

