

Modified Group Fitness Schedule For Agility Room Classes

The Agility Room will be closed until June 10
due to new HVAC system installation.

All classes typically held in the Agility Room are cancelled except for
the following:

NEW LOCATION: Field #2 on main level

<u>Date</u>	<u>Time</u>	<u>Class</u>	<u>Instructor</u>
Monday, June 3	9:00 - 10:00 am	SilverSneakers Circuit	Kris Gillotti
Monday, June 3	4:30 - 5:15 pm	FIT Bootcamp	Andre Lockhart
Tuesday, June 4	9:30 - 10:30 am	Total Body Tune-Up	Melissa Figura
Thursday, June 6	4:45 - 5:15 pm	High Intensity Training	Lindsay Hetrick

Thank you for your patience and understanding as
we make important improvements
in the Agility Room.