

# Booking Free Group Fitness Classes Via MemberMe+ or [bodyzonesports.com/groupfitness](http://bodyzonesports.com/groupfitness)

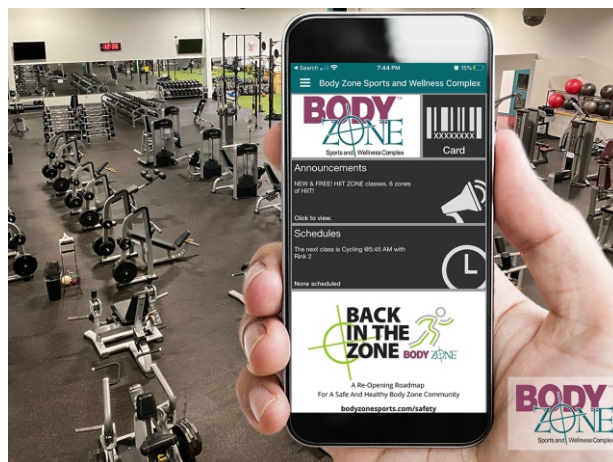
(Process does not apply to SilverSneakers or Rock Steady Boxing)

## MemberMe+

1. Create a Body Zone Self-Service account.\* We will send you an invite to create an account once we have reactivated your membership contract. Your log in info for this account will allow you to book free classes.  
**If you do not receive the invite, email [info@bodyzonesports.com](mailto:info@bodyzonesports.com) and we will re-send the information.**

\*Athletic Barre, Stand-Up Paddleboard and On Demand Swim Lesson participants already have a Self-Service account.

2. Get the MemberMe+ App. Visit the iTunes App Store or Android Play Store and search for **MemberMe+** to download it directly to your mobile phone.
3. Once downloaded, search for Body Zone by entering the zip code: 19610.
4. IMPORTANT: Allow "notifications" so you get updates and alerts from Body Zone about classes and more.
5. Buy a free, one-time unlimited "package" to allow you to book classes.
6. Book classes!  
FYI: Cancelling a class is very easy. Just click on that class and select "cancel."
7. You must cancel your class reservation via the app or Self-Service account at least 30 minutes prior to class. Failure to do so will result in a \$5 cancellation fee being assessed to your account.



## Via Body Zone's website

1. Create a Body Zone Self-Service Account\* We will send you an invite to create this account once we have reactivated your membership contract. Your log in info for this account will allow you to book free classes.  
**If you do not receive the invite, email [info@bodyzonesports.com](mailto:info@bodyzonesports.com) and we will re-send the information.**

\*Athletic Barre, Stand-Up Paddleboard and On Demand Swim Lesson participants already have a Self-Service account.

2. Go to [bodyzonesports.com/groupfitness](http://bodyzonesports.com/groupfitness) and follow directions on this webpage to buy a free, one-time unlimited "package" and book classes. FYI: Cancelling a class is very easy. Just click on that class and select "cancel."
3. You must cancel your class reservation via the app or your Self-Service account at least 30 minutes prior to class. Failure to do so will result in a \$5 cancellation fee being assessed to your account.

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