

Booking Free Group Fitness Classes Via MemberMe+ or bodyzonesports.com/groupfitness

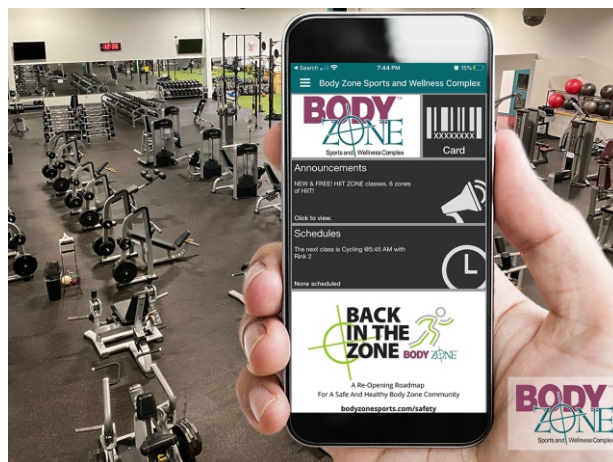
(Process does not apply to SilverSneakers or Rock Steady Boxing)

MemberMe+

1. Create a Body Zone Self-Service account.* Your login info for this account will allow you to book free classes. If you didn't receive an "invite" to Self-Service, email info@bodyzonesports.com and we will resend the invite to you.

*Athletic Barre, Stand-Up Paddleboard and On Demand Swim Lesson participants already have a Self-Service account.

2. Get the MemberMe+ App. Visit the iTunes App Store or Android Play Store and search for **MemberMe+** to download it directly to your mobile phone.
3. Once downloaded, search for Body Zone by entering the zip code: 19610.
4. IMPORTANT: Allow "notifications" so you get updates and alerts from Body Zone about classes and more.
5. Buy a free, one-time unlimited "package" to allow you to book classes.
6. Book classes!
FYI: Cancelling a class is very easy. Just click on that class and select "cancel."
7. You must cancel your class reservation via the app or Self-Service account at least 30 minutes prior to class. Failure to do so will result in a \$5 cancellation fee being assessed to your account.



Via Body Zone's website

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*Athletic Barre, Stand-Up Paddleboard and On Demand Swim Lesson participants already have a Self-Service account.
2. Go to bodyzonesports.com/groupfitness and follow directions on this webpage to buy a free, one-time unlimited "package" and book classes. FYI: Cancelling a class is very easy. Just click on that class and select "cancel."
3. You must cancel your class reservation via the app or your Self-Service account at least 30 minutes prior to class. Failure to do so will result in a \$5 cancellation fee being assessed to your account.

bodyzonesports.com/groupfitness

