

Lap Swimming Safety Measures & Policies

Prior to coming for lap swimming:

- Buy and book classes via our Self-Service booking portal or MemberMe+ app.
- You must be healthy. If you are sick or you suspect you may be sick, please do not come to class.
- All fees are non-refundable and make-up sessions are not permitted.
- Please bring a towel and your face mask. We will not have towels to borrow.
- Bring a way to store your face mask so you can access it immediately as you exit the pool.
- Make sure to wash your hands and/or use hand sanitizer prior to the lap swimming and after.
- Come ready to swim.

When you arrive at Body Zone:

- You must wear a face mask, covering mouth and nose, at all times at Body Zone except for when you are in the pool. Once exited from the pool, you must put your face mask back on.
- Check-in at Guest Services to verify your reservation and to get a numbered lane reservation card to hand to the lifeguard or deck supervisor.
- Get your temperature checked at Guest Services.
- Complete our new liability waiver if necessary.
- Guest Services will direct you to the pool area and locker rooms.
- When you are ready to enter the pool deck please use the main pool door marked as "Entrance."
- You will not be permitted to enter the pool through our locker room.

Inside the pool area:

- Please wait on the pool deck with your face masks on.
- Please adhere to social distancing.
- The lifeguard will direct each lap swimmer to a lane. Please make sure you are visible to the lifeguard.

When lap swimming is completed:

- Your face mask must be worn immediately as you exit the pool.
- Proceed to the locker room via the back hallway (follow the signs).
- Maintain social distancing while changing in the locker rooms with face masks on.
- The hydrotherapy pool is closed.

Please refrain from socializing in the locker rooms or in our lobby areas.