

## Body Zone General Safety Measures & Policies

Face masks, covering nose and mouth, are required at all times while at Body Zone.

***Please note: Body Zone has developed and will enforce separate and program-specific safety measures and policies for fitness and aquatics, as well our varied and numerous programs in youth, sports and ice departments. See Guest Services for these measures and policies.***

Please stay home if you are sick or have come in contact with someone who's been ill. Body Zone staff is also encouraged to stay home if they are ill or have a fever.

All members, patients and customers must check-in at Guest Services for a touch-free temperature check.

Respect social distancing rules — six feet apart at all times while at Body Zone. Messaging is installed all over the facility to remind you. Please do not gather or socialize in our lobbies or open spaces.

Space has never been more important and we're lucky to have plenty of it all over our building. Our equipment and programming has been redesigned with safe distancing and limited capacity as a top priority.

All members, patients and customers must complete our liability waiver/adherence to COVID-19 safety protocols prior to their first visit.

Staff safety protocols are well developed to protect you and our employees. Staff members must wear face masks at all times and conduct a temperature and health screening prior to every shift

Keep your hands clean. Wash your hands before and after you work out or play at Body Zone. Hand washing guidelines are located in all locker rooms. We also encourage you to use our hand Sanitation Stations (70% or more alcohol) located throughout the facility.

Our in-house 24-hour janitorial crew along with a team of 30-plus staffers comprise the BZ Clean Team devoted to around-the-clock, strictly scheduled and enhanced cleaning and air-driven mister disinfection of our entire facility. High touch surfaces are routinely disinfected by staffers at all hours.

As always, please wipe all equipment before and after use. Sanitation Stations are equipped with disinfectant wipes for this use.

Properly and immediately dispose of tissues, paper towels and wipes in trash receptacles.

Overall, focus on maintaining your health. See [bodyzonesports.com/safety](https://bodyzonesports.com/safety) for more guidance and support.

***Let's Keep Body Zone Healthy Together!***

