Body Zone Swim School Safety Measures & Guidelines

Face masks covering nose and mouth must be worn at all times, especially while in locker rooms and on the pool deck.

1. Prior to coming to the lesson:

- One parent/guardian will be permitted to enter the facility with the participant/child ten minutes prior to the lesson start time.
- Make sure everyone attending is healthy. If you or the participant/child is sick or you suspect one of you may be sick do not come to the lesson. Call Body Zone at 610-376-2100 and inform Guest Services so we can reschedule.
- Make sure the participant/child is changed and ready to take their lesson prior to coming to Body Zone.
- Please bring your own goggles. We will not have any for use.
- Make sure to wash your hands and/or use hand sanitizer prior to the lesson.

2. Check in at Body Zone Guest Services. They will:

- Conduct a touch-free temperature check for everyone present for the lesson.
- Verify participants name on the schedule.
- Ask you to complete an updated Body Zone Liability Waiver prior to your lesson.
- Direct you to the pool area.
- 3. Locker rooms are available but due to space limitations, we ask that you bring your children dressed/ready for swim lessons and we ask for your help by leaving wet: leaving in suits but bundled up with warm clothes to eliminate congestion in our locker room. When you are ready to enter the pool deck please use the main pool door marked as "Entrance."
- 4. Once inside the pool, please make sure you are visible to the instructor so they can identify you and begin your lesson.
- 5. One parent or guardian may wait with the participant at a time and must be present during the lesson in the pool or lobby. They may not leave and come back, or drop off the child.
- 6. Please adhere to Body Zone social distancing rules: six feet apart at all times.
- 7. When the lesson is completed please minimize in person discussion with instructor and others. Maintain social distancing and exit through the rear pool door. Due to space limitations in the locker rooms, we encourage participants to leave wet: leaving in suits but bundled up with warm clothes to eliminate congestion in our locker room.

Swim School instructors follow Body Zone COVID-19 Employee Guidelines as detailed here: bodyzonesports.com/safety. They must wear masks at all times, except while in the pool, and undergo temperature checks and a health screening before every shift.

