

## **Schedule of Events**

#### Monday, October 9 | Back To The 80s Day!

5:15 am with Lauren R. 6:15 am with Lauren R. 9:15 am with Lauren R. 5:30 pm with Ashleigh

#### **Tuesday**

5:15 am with Lauren R. 9:30 am with Sam

## Wednesday | Your Favorite Sports Team Pump Up Day! | Happy Hour @ 6pm

5:15 am with Lauren R. 12:00 pm with Sarah V. 6:00 pm with Linette followed by HAPPY HOUR with complimentary beverages after class

# **Thursday**

9:30 am with Sarah

#### **Friday**

5:15 am with Lauren R. 6:15 am with Lauren D. 9:00 am with Sam

#### **Saturday**

8:30 am with Tammy

# **Sunday**

9:00 am with Rotating Coaches

