

Modified Group Fitness Schedules For Christmas Eve and New Year's Eve

Christmas Eve Sunday, December 24

TIME	CLASS	INSTRUCTORS	LOCATION
8:00-9:00 am	Step & Tone	LuAnn Wolfe/Michele Sanders	Studio 1
8:30-9:15 am	Cycle 45	Laura Storch	Blue Studio
9:00-10:00 am	REP ROOM	Lauren Ressler	REP ROOM
9:00-9:50 am	Holiday Aqua Zumba	Alison Snyder	Pool
9:30-10:00 am	LES MILLS CORE	Jen Fanaro	Studio 1
9:30-10:30 am	Vinyasa Flow Yoga	Julie Bunnick	MindBody Studio

New Year's Eve Sunday, December 31

TIME	CLASS	INSTRUCTORS	LOCATION
8:30-9:15 am	Cycle 45	Laura Storch	Blue Studio
8:15-9:00 am	BODYPUMP 45	Ginnie Haggerty	Studio 1
9:15-10:15 am	NYE Step Party	Michele Sanders/Alison Snyder/ LuAnn Wolfe/ Kelly Brehoney-Ostrowski	Studio 1
9:15-10:15 am	BODYBALANCE	Ginnie Haggerty	MindBody Studio
9:00-10:00 am	REP ROOM	Tammy Partsch	REP ROOM

PLEASE NOTE:

- REP ROOM and Aqua Zumba classes are \$5/member.
- All classes MUST be reserved in advance via your member portal or app.

