

# Aquatics Center at Body Zone Sports and Wellness Complex

## Pool Rules, Regulations & General Safety Measures

Welcome to Body Zone's Aquatics Center! In an effort to maintain the poolsafely and efficiently, we've assembled an overview of our rules and regulations for members and guests. These have been formulated through years of experience and are in compliance with the National Pool and Spa Institute, as well as the PA Department of Health (Title 28, Chapter 18 - parts 1 and 2).

- Pool programming is fee-based and requires advance reservation. Our lap swimming schedule is subject to change. Learn more here: [bodyzonesports.com/poolprograms](http://bodyzonesports.com/poolprograms)
- Check-in at Guest Services is mandatory before entering the pool area, pool or locker rooms.
- Children under the age of 12 must be accompanied by a parent or guardian at all times.
- Please shower before entering the pool.
- Bathing suits must be worn at all times. No cut off pants or undergarments allow. No street clothes or gym clothes permitted.
- Bathing caps or tied back hair is recommended if you have shoulder-length or longer hair.
- Bandages or open wounds or sores will prohibit pool use. Please consult an aquatics staff member with any first aid care or special needs.
- All infants and toddlers not potty-trained MUST wear a swim diaper which must be approved by the Aquatics Director.
- Lockers are day use only. Locks left on overnight will be removed.
- No running on the pool deck.
- No food, candy or drink allowed while in the pool or on the pool deck. Exceptions include plastic water bottles for hydration during a workout.
- No glass allowed in the pool area or locker rooms. No exceptions.
- No horseplay or excessive noise, including music or radio play, allowed at any time. This includes personal handheld devices.
- Emergency exit signs are posted.
- Please be courteous to all pool guests including those who are handicapped or disabled.
- Please read posted rules for updates and changes
- Please read posted and separate safety measures for lap swimming, swim lessons and aqua fitness classes.

## Facility-Wide Guidelines, Policies And Procedures

Outside food and beverage is not permitted in the facility with the exception of water bottles or other plastic containers for liquids consumed during your workout or class. Smoking/other tobacco products are prohibited in all areas of the facility. Body Zone's comprehensive listing of policies, guidelines and Code of Conduct is listed here:

<https://bodyzonesports.com/policies-code-of-conduct-guidelines/>

**Broken, damaged or malfunctioning equipment should be reported immediately to Guest Services. We reserve the right to enforce other policies as is deemed appropriate for a safe and friendly environment.**

**For more information or questions, please contact:**

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